

# O Ignis Spiritus

Hildegard of Bingen 1098-1179

**O Holy Fire which comforts the spirit,  
The very life force of all creation,  
Holy you are when granting life to all.**

**Holy you are when anointing those that suffer illness  
Holy you are in cleansing a fetid wound.**

**O Sacred Breath  
O Fire of Love  
O Sweet Taste in my breast,  
You fill my heart with a fine aroma of virtue.**

**O Fountain of Purity through whom it is known that God has gathered  
the lost and saved all sinners.**

**O Robe of Life and Hope for the United,  
Our brothers united as one;  
O belt of honor enfold those who are blessed.**

**Care for those who are imprisoned by enemies  
And break the chains of those whom the Divine will set free.**

**O path of strength which penetrates all places  
From the mountains to the seas, you gather and unite all.**

**Through you clouds stream, the ether flies,  
rocks gain their strength, water is given its course,  
and the earth becomes green.**

**You always reveal knowledge, bring happiness through inspiration.  
Praise be to you, who is the sound of praise and joy,  
hope and noble strength, sharing the reward of light.**